FUNDS AND FEMINISM PRESENTS

# HOW TO RECOVER FROM FINANCIAL ABUSE

Money can be used as a weapon. Learning how to untangle it is not a luxury, it is a form of safety.

WHEN

## THURSDAY DECEMBER 10, 2026

**3:30 PM to 4:30 PM EST**

WHAT

**A free financial education session for people rebuilding after financial abuse.**

Part of Funds and Feminism, our pro bono financial education program. General education, not individualized advice.

WHERE

## HIPS

906 H Street NE, Washington, DC 20002

WHAT WE WILL COVER

Financial abuse leaves more than a bank account to rebuild. It leaves credit damage, debt taken out in your name, and a paper trail that can feel impossible to explain.

This session walks through what to look at first, how to separate your money from someone else's, and where to go when a bill or a debt does not belong to you.

- Separating your finances from a partner or family member
- Coerced debt, and accounts opened in your name
- Reading a credit report and disputing errors
- Protecting your bank account, income and assets

**LED BY**

LEANNE LISTMAN, FPQP®
EXECUTIVE DIRECTOR,
THE PERIOD PANTRY

**COST**

FREE. NO COST TO ATTEND.

**HOSTED AT HIPS**

HIPS HAS SERVED WASHINGTON, DC SINCE 1993.

**HIPS STANDS FOR**

HELPING INDIVIDUAL PROSTITUTES SURVIVE

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This session is general financial education and does not constitute individualized financial, legal, tax, or investment advice. The Period Pantry is a Maryland based 501(c)(3) nonprofit.